

## LAURA M. BENTON, M.S., LMFT

328 Denison Street

Highland Park, NJ 08904

Phone: (732) 565-9010 ext 241 ▪ Email: LBenton.LMFT@yahoo.com

NJ LIC. 37FI00161100 / CT LIC. 001164

### SUMMARY OF QUALIFICATIONS

---

Family Therapist and Clinical Supervisor **specializing in the treatment of youth and their families**, with extensive experience in clinical assessment, family therapy, trauma treatment, and education. Core competencies include:

- Individual, Family, & Group Therapy
- Trauma Services (“TF-CBT”)
- Client Advocacy
- Administration of Testing Measures
- Child and Adolescent Treatment
- Psychological Assessment
- Data Collection and Analysis
- Mental Health Research and Publication

### EDUCATION

---

2001 – 2003	<b>Master of Science in Marital and Family Therapy</b> Fuller Graduate School of Psychology	Pasadena, CA
1995 – 1999	<b>Bachelor of Arts in Social Sciences, Psychology Minor</b> Biola University	La Mirada, CA

### PROFESSIONAL EXPERIENCE

---

08/06 – Current	<b>Private Practice Clinician Institute Fellow</b> Multicultural Family Institute	Highland Park, NJ
	<ul style="list-style-type: none"><li>▪ Provide treatment for individuals, children, and families in private practice setting</li><li>▪ Edit and revise textbooks for publication</li><li>▪ Create compilations of audiovisual clinical training materials</li><li>▪ Research current developments in data on clinical approaches to multicultural treatment</li></ul>	
02/04 – Current	<b>Senior Supervising Clinician / Family Therapist</b> Clifford Beers Child Guidance Clinic (Current Role: Auxiliary Clinical Supervisor)	New Haven, CT
	<ul style="list-style-type: none"><li>▪ Provided Family, Individual, and Group Therapy services</li><li>▪ Provided weekly Clinical Supervision for Family Therapists</li><li>▪ Developed and implemented the Clifford Beers “Family Therapy Clinic” (Brief, Co-Therapy Treatment Model)</li><li>▪ Facilitated the Clinic’s Initial Assessment procedures (Performed twice-weekly Intake evaluation blocks, participated in the family screening process, provided parent orientation services, and managed clinical case assignment)</li><li>▪ Received extensive training and provided clinical services for trauma treatment (Cognitive-Behavioral Treatment Model, “TF-CBT”)</li><li>▪ Advocated for clients’ educational and personal needs in schools and service agencies</li></ul>	

**LAURA M. BENTON, LMFT**

08/03 – 9/03

**Research Aide / Data Collector**

New Haven, CT

Yale University Department of Psychiatry, Consultation Center  
(Grant-based, temporary service)

- Administered psychological measures to research participants
  - Acquired qualitative data for grant-based project
- (Length of employment based on temporary data collection phase of research)

6/02 – 7/03

**Therapist Trainee/Intern**

Glen Roberts Child Study Center

Glendale, CA

- Provided Individual, Group, and Family Therapy
- Provided Collateral Parent Treatment
- Taught 12-week parenting course
- Co-led Adolescent substance abuse group
- Administered intake evaluations
- Administered psychological assessments
- Advocated for clients' needs in public education system
- Received specific training in play therapy, testing measures, and issues related to psychopharmacology
- Received specific training in therapeutic interventions for victims of domestic violence, sexual and physical abuse, and community trauma

8/01 – 8/02

**Faculty and Research Assistant**

**Headington Center for Research on Stress, Trauma, and Adjustment**

Fuller Graduate School of Psychology

Pasadena, CA

- Assisted in the acquisition and transcription of qualitative research data
- Maintained project records
- Edited presentation and publication materials
- Assisted faculty with preparation of course materials
- Arranged and planned professional and research-related meetings and conferences
- Provided clerical support for research lab

7/00 – 8/01

**Assistant to the Associate Dean**

**Center for Research in Child and Adolescent Development**

Fuller Graduate School of Psychology

Pasadena, CA

- Provided support for Associate Dean and faculty members in document editing and data management
- Assisted with ongoing research projects
- Maintained financial funds and records for students and faculty involved with research projects
- Managed daily office correspondence
- Recorded faculty meeting minutes and maintained minute logs
- Planned, organized, and supervised annual student-faculty retreat
- Maintained appointment calendar for Associate Dean

7/00 – 8/01

**Faculty and Research Assistant**

**Center for Research on Spirituality and Health**

Fuller Graduate School of Psychology

Pasadena, CA

- Assisted in the development of assessment battery / testing measures
- Prepared baseline testing materials

**LAURA M. BENTON, LMFT**

(Continued)

**Faculty and Research Assistant**  
**Center for Research on Spirituality and Health**  
Fuller Graduate School of Psychology

Pasadena, CA

- Assisted in the acquisition of quantitative data
- Maintained research database
- Maintained financial records for research grant
- Generated grant proposal correspondence

---

**LICENSE, MEMBERSHIPS, CREDENTIALS, & AWARDS**

Connecticut Marital and Family Therapy License: Number 001164

New Jersey Marriage and Family Therapy License: Number 37I00161100

Philanthropic Education Organization, Ethel O. Gardener Memorial Scholarship, *Scholarship Recipient 2001, 2002*

Ray S. Anderson Scholarship for Excellence in the Integration of Faith and Psychology, *Scholarship Recipient 2002-03*

American Association of Marriage and Family Therapists, *Clinical Member*

State of California, *Temporary Teaching Credential*

---

**SPECIAL SKILLS**

Special training in the treatment of victims of trauma (TF-CBT), Systemic Treatment, and Child/Adolescent Services  
Proficiency in Glenwood, Word, Excel, Banner, SPSS, Literature Review Databases

---

**REFERENCES**

Available upon request.